

**BY ORDER OF THE  
SECRETARY OF THE AIR FORCE**

**DEPARTMENT OF THE AIR FORCE  
INSTRUCTION 48-104**



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***Aerospace Medicine***

***TOBACCO FREE LIVING***

**COMPLIANCE WITH THIS PUBLICATION IS MANDATORY**

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This publication implements Department of the Air Force Policy Directive (DAFPD) 48-1, *Aerospace & Operational Medicine Enterprise (AOME)*. It provides guidance and procedures to minimize the adverse impact of tobacco use on health, mission readiness, and unit performance throughout the Department of the Air Force (DAF). This publication applies to the Regular Air Force, United States Space Force (USSF), the Air Force Reserve (AFR), and the Air National Guard (ANG) unless otherwise noted. This publication may be supplemented at any level, but all supplements must be routed to the Office of Primary Responsibility (OPR) listed above for coordination prior to certification and approval. Refer recommended changes and questions about this publication using the Department of the Air Force (DAF) Form 847, *Recommendation for Change of Publication*; route DAF Forms 847 from the field through the appropriate chain of command. The authorities to waive wing, unit, or delta level requirements in this publication are identified with a tier (“T-0, T-1, T-2, T-3”) number following the compliance statement. See Department of the Air Force Manual (DAFMAN) 90-161, *Publishing Processes and Procedures*, for a description of the authorities associated with the tier numbers. Submit requests for waivers through the chain of command to the appropriate tier waiver approval authority, or alternately, to the requestor’s commander for non-tiered compliance items. Ensure all records generated as a result of processes prescribed in this publication adhere to Air Force Instruction (AFI) 33-322, *Records Management and Information Governance Program*, and are disposed in accordance with the Air Force Records Disposition Schedule, which is located in the Air Force Records Information Management System.

***SUMMARY OF CHANGES***

This Department of Air Force Instruction (DAFI) is a rewrite of AFI 48-104, *Tobacco Free Living*. Although overall substantially similar, several changes have been made. Major changes include: removal of requirements for Military Treatment Facilities (MTF) as they are now under the authority, direction, and control of the Defense Health Agency (DHA); and updated the publication type from AFI to DAFI for applicability to the USSF.

## Chapter 1

### TOBACCO FREE LIVING PROGRAM OVERVIEW

**1.1. Background.** Tobacco use is a leading cause of preventable death in the United States. Tobacco use degrades Department of the Air Force readiness, health, and leads to preventable health care costs. The Department of the Air Force discourages the use of all tobacco products. Commanders and other leaders should promote tobacco free living in accordance with the Department of Defense's membership on the National Prevention Council and commitment to advance the National Prevention Strategy.

**1.2. Definition.** Tobacco products include all products that may be configured to deliver nicotine, including but not limited to, cigars; cigarettes; electronic nicotine delivery systems (ENDS) such as electronic cigarettes (e-cigarettes); stem pipes; water pipes; hookahs; vaporizers; smokeless products that are chewed, dipped, sniffed, or "vaped"; and any other nicotine delivery system that the Food and Drug Administration (FDA) defines as a tobacco product. **Note:** The definition of tobacco does not include FDA-approved prescription or over-the-counter nicotine replacement therapy products.

## Chapter 2

### ROLES AND RESPONSIBILITIES

**2.1. Chief of Staff of the Air Force (CSAF) and Chief of Space Operations (CSO).** The CSAF and the CSO communicate the importance of tobacco free living to the DAF mission.

**2.2. Air Force Surgeon General (AF/SG).**

2.2.1. Provides subject matter expert (SME) support for the required service specific tobacco policy, vision, and advocacy to Air Force leadership, commanders, and Airmen,

2.2.2. Collaborates with national organizations, other military services, and outside agencies on tobacco initiatives and policy.

2.2.3. Represents DAF on the Department of Defense (DoD) Addictive Substances Misuse Advisory Committee, Tobacco Subcommittee, and other DoD tobacco working groups.

2.2.4. Collaborates with other DAF agencies, as applicable, on issues related to tobacco free living.

**2.3. Assistant Secretary of the Air Force, Manpower and Reserve Affairs (SAF/MR).** SAF/MR serves as the agent of the Secretary of the Air Force by providing guidance, direction, and oversight for all matters pertaining to the formulation, review, and execution of plans, policies, programs, and budgets that address health promotion and tobacco use.

**2.4. Air Force Medical Command (AFMEDCOM). AFMEDCOM:**

2.4.1. Provides SME support to DAF tobacco policy and recommends changes when warranted.

2.4.2. Coordinates on DAF tobacco policy.

**2.5. MAJCOM, Field Commander (FLDCOM), Direct Reporting Unity (DRU), and Field Operating Agency (FOA) Commander.** These commanders communicate the importance of tobacco free living to the DAF mission and individual fitness through the Air Force Comprehensive Airman Fitness program and the Space Force Holistic Health Approach.

**2.6. MAJCOM Surgeon (MAJCOM/SG).** The MAJCOM/SG will coordinate with USAF installations and USSF garrisons on execution of tobacco policy.

**2.7. Installation Commander or Equivalent. The installation or equivalent commander:**

2.7.1. Communicates the importance of tobacco free living to the DAF mission.

2.7.2. Provides funding for signage related to tobacco-free living environments. Ensure cigarette butt cans and receptacles have signage related to tobacco free living environments and tobacco cessation within installation designated tobacco use areas (DTAs).

2.7.3. Approves DTA maps (including the number and location of DTAs) submitted by Civil Engineering (CE).

2.7.4. Exercises authority to designate housing units smoke-free based on risk assessment of secondhand tobacco smoke exposure to non-smokers.

**2.8. Public Affairs (PA).**

- 2.8.1. Promotes and informs internal audiences on tobacco free living initiatives, including tobacco free environment policies, and tobacco cessation programs.
- 2.8.2. Informs internal audiences when changes in state minimum legal sales age impact military members.
- 2.8.3. Ensures compliance with the prohibition on advertising tobacco products, etc. as described in **Chapter 4**.

**2.9. Force Support Squadron Commander/Director.**

- 2.9.1. Ensures patrons are informed of the Department of the Air Force policy prohibiting tobacco use in all Force Support facilities and all installation recreational facilities.
- 2.9.2. Enforces compliance with the prohibition on tobacco product sales and tobacco-related special events in Air Force Services activity facilities, as described in **Chapter 4**.
- 2.9.3. Coordinates wing instructions with local unions in an effort to maximize compliance among civilians covered by a collective bargaining agreement.

**2.10. Unit/Squadron Commanders and Supervisors.** Unit and squadron commanders and supervisors:

- 2.10.1. Support and encourage changes to worksite environment to improve tobacco prevention and cessation.
- 2.10.2. Communicate importance of tobacco free living to the DAF mission.
- 2.10.3. Administer/approve tobacco breaks prudently. Ensure non-tobacco users receive equal access to break time from duties as tobacco users. Ensure tobacco use does not entitle tobacco users additional break time from duties compared with non-tobacco users.

## Chapter 3

### TOBACCO FREE ENVIRONMENTS

#### 3.1. Designated Tobacco Use Areas (DTAs).

3.1.1. Commanders will have signs at installation entry points communicating that tobacco use is prohibited except in DTAs. **(T-2)** Except as otherwise provided, all areas not designated as tobacco use areas will be tobacco free.

3.1.2. The installation will minimize the number of DTAs to as close to zero as possible. **(T-2)** DTAs are exclusively located outdoors and there is no requirement for DTAs to be covered or enclosed. Disposal of tobacco products at DTAs will be in non-combustible containers provided for that purpose. Except as otherwise provided by this instruction, the installation will prohibit tobacco use outside of DTAs.

3.1.3. DTA sites must be approved by the local facilities board (see AFI 32-1015, *Integrated Installation Planning*). **(T-3)**

3.1.4. The installation will implement and enforce the following minimum distance standards for DTAs:

3.1.4.1. Greater than or equal to 50 feet from building entrances, and air intake ducts. **(T-0)**

3.1.4.2. Greater than or equal to 100 feet from playgrounds. **(T-1)** To the extent possible, areas where children live, learn and play will be tobacco free.

#### 3.2. Civil Engineering (CE). CE designs, coordinates, and revises DTA maps and signage.

3.2.1. Where applicable, structures associated with DTAs are the responsibility of the corresponding unit, not civil engineering. Civil engineering may install or repair DTA-associated structures on a reimbursable basis if the local civil engineering unit determines in-house capacity is available. Use of facility sustainment, facility restoration and modernization, or military constructions funds for installation or repair of shelters or other facilities (e.g., walkways, etc.) for tobacco use is not authorized. **(T-3)**

3.2.2. Family housing and unaccompanied housing:

3.2.2.1. Common areas of all government owned or managed family housing and unaccompanied housing are tobacco free environments. **(T-3)**

3.2.2.2. Government-owned, leased, and managed family housing facilities will be designated smoke-free by CE if there is a common air handling unit for multiple individual housing units or family units (e.g., stairwell housing, duplex). **(T-3)** For family housing units with separate air handling units, if secondhand tobacco smoke seeps from a smoking unit to a non-smoking unit, the installation commander is authorized to re-designate the smoking unit to non-smoking but may continue to permit smokeless tobacco.

3.2.2.3. Tobacco use is authorized in unaccompanied housing designated smoking rooms; however, installation commanders have the authority to designate the entire unaccompanied housing facility as non-smoking to minimize the health risks from tobacco use and secondhand tobacco smoke, and to promote a culture of health and wellness. If

unaccompanied housing facilities are designated as non-smoking by CE, any smoking will occur only outside the facility in a DTA. **(T-3)**

**3.3. Other Tobacco-Free Environments.** Tobacco use is prohibited in all:

3.3.1. Indoor workplaces. **(T-0)**

3.3.2. Air Force Services facilities, including but not limited to clubs, dining establishments, and bowling centers. **(T-0)**

3.3.3. Installation recreational facilities, including but not limited to, athletic fields, running tracks, basketball courts, golf courses, beaches, marinas, and parks. **(T-0)**

3.3.4. Air Force vehicles and aircraft. **(T-1)**

**3.4. Training Programs and Courses.** Tobacco use is prohibited:

3.4.1. During basic military training at all times. **(T-1)**

3.4.2. While in uniform by all students in technical training, in-residence professional military education, accession, and graduate medical education programs. **Note:** These education and training programs include, but are not limited to, recruiting, pre-commissioning programs (Officer Training School and Air Force Reserve Officer Training Corps wing), flying training, and graduate medical education (medical and dental residencies and fellowships). **(T-1)**

**3.5. Privately Owned Vehicles (POVs).** In general, tobacco use will be permitted in POVs except on medical campuses which will be 100% tobacco free.

## Chapter 4

### MARKETING AND SALES

**4.1. Advertising.** Advertising for all tobacco products, including any advertisement for a non-tobacco product or service in which a tobacco product is visually displayed, will be prohibited in all official Department of the Air Force print, electronic communications, and promotional items. **(T-1)**

**4.2. Sales.** Sales of tobacco products will be prohibited in all Air Force Services Center (AFSVC) facilities (e.g., clubs, force support morale, welfare, and recreation facilities, golf course). **(T-1)**  
**Note:** The military exchange and commissary are not Air Force Services Agency (AFSVA) facilities.

**4.3. Special Events.** Special events at AFSVA facilities that promote tobacco use are prohibited (e.g., Cigar Night). **(T-1)**

**4.4. Tobacco Pricing.** Pricing will be in accordance with DAFI 34-110(I), *Army and Air Force Exchange Service Operations*.

JOHN J. DEGOES, MD  
Lieutenant General, USAF, MC, FS  
Surgeon General

**Attachment 1****GLOSSARY OF REFERENCES AND SUPPORTING INFORMATION*****References***

38 U.S.C. § 1715, *Tobacco for hospitalized veterans*

DAFPD 48-1, *Aerospace and Operational Medicine Enterprise (AOME)*, 26 December 2024

AFI 33-322, *Records Management and Information Governance Program*, 23 March 2020

AFI 32-1015, *Integrated Installation Planning*, 30 July 2019

DAFI 34-110(I), *Army and Air Force Exchange Service Operations*, 14 July 2023

DAFMAN 90-161, *Publishing Processes and Procedures*, 18 October 2023

***Adopted Forms***

DAF Form 847, *Recommendation for Change of Publication*

***Abbreviations and Acronyms***

**AF**—Air Force

**AFI**—Air Force Instruction

**AFMEDCOM**—Air Force Medical Command

**AFPD**—Air Force Policy Directive

**AFR**—Air Force Reserve

**AFSVA**—Air Force Services Activity

**ANG**—Air National Guard

**AOME**—Aerospace & Operational Medicine Enterprise

**ARC**—Air Reserve Component

**CE**—Civil Engineering

**CSAF**—Chief of Staff of the Air Force

**CSO**—Chief of Space Operations

**DAF**—Department of the Air Force

**DAFI**—Department of the Air Force Instruction

**DAFMAN**—Department of the Air Force Manual

**DAFPD**—Department of the Air Force Policy Directive

**DoD**—Department of Defense

**DHA**—Defense Health Agency

**DRU**—Direct Reporting Unit

**DTA**—Designated Tobacco Use Area  
**ENDS**—Electronic Nicotine Delivery System  
**FDA**—Food and Drug Administration  
**FLDCOM**—Field Commander  
**FOA**—Field Operating Agency  
**MAJCOM**—Major Command  
**MTF**—Military Treatment Facility  
**OPR**—Office of Primary Responsibility  
**PA**—Public Affairs  
**POV**—Privately Owned Vehicle  
**SME**—Subject Matter Expert  
**USSF**—United States Space Force

*Office Symbols*

**AF/SG**—Air Force Surgeon General  
**SAF/MR**—Assistant Secretary of the Air Force, Manpower and Reserve Affairs

*Terms*

**Approval Authority**—Senior leader responsible for contributing to and implementing policies and guidance/procedures pertaining to his/her functional area(s) (e.g., heads of functional two-letter offices).

**Air Reserve Component**—Collectively refers to both the Air Force Reserve and the Air National Guard.

**Medical Campus**—Campuses are defined as the adjoining area surrounding the medical unit/facility, to include parking structures and lots; lawns; and other outdoor areas adjoining the unit/facility.

**Military Treatment Facility**—Military hospitals and clinics.

**Status of Forces Agreement**—An agreement between a host country and a foreign nation stationing military forces in that country.