

Having a Wingman Helps Prevent Suicide



Fostering a Wingman Culture

- Talk about stresses in each others lives
- Educate through available resources and training
- Promote communication and team-building among co-workers, sections, and within collective unit



Agencies that can help people in trouble:

Life Skills	6-7579
Airman & Family Readiness Center	6-6550
Chaplain	6-6211

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