

**BY ORDER OF THE COMMANDER  
HOLLOMAN AIR FORCE BASE**

**AIR FORCE INSTRUCTION 36-2905**

**HOLLOMAN AIR FORCE BASE**

**Supplement**



**24 SEPTEMBER 2013**

**Personnel**

**FITNESS PROGRAM**

**COMPLIANCE WITH THIS PUBLICATION IS MANDATORY**

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(Lt Col Caryn Kirkpatrick)

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**Air Force Instruction (AFI) 36-2905, *Fitness Program*, 1 July 2010, is supplemented as follows:** The purpose of this supplement is to establish policy, procedures, and responsibilities unique to Holloman Air Force Base, New Mexico. This Supplement applies to all personnel assigned or attached to the 49th Wing (49 WG). Ensure that all records created as a result of processes prescribed in this publication are maintained in accordance with Air Force Manual (AFMAN) 33-363, *Management of Records*, and disposed of in accordance with Air Force Records Information Management System (AFRIMS) Records Disposition Schedule (RDS) located at <https://www.my.af.mil/afirms/afirms/afirms/rims.cfm>. Contact supporting records managers as required. Refer recommended changes and questions to the Office of Primary Responsibility (OPR) using AF Form 847 *Recommendation for Change of Publication*, to 49th Force Support Squadron, Fitness Section (49 FSS/FSVS), 1051 Connecticut Ave, Holloman AFB, NM 88330.

**1.20.2.3.1.(Added)** Ratio of no more than one PTL augmentee to five members testing.

1.20.2.4.1. **(Added)** Ratio of no more than one PTL augmentee to five members testing.

1.20.2.5.1. **(Added)** PTL augmentees provide a copy of the individual's score sheet to the member for his/her personal records upon the member's request.

1.24.4.2. **(Added)** Ensures unit members with an unsatisfactory FA score are enrolled in HLP.

1.24.4.3. **(Added)** Enters completion of mandatory HLP/HLPR into AFFMS.

1.25.7. **(Added)** PTL augmentees are detailed to the Fitness and Sports Section (49 FSS/FSVS) as part of the 49th Force Support Squadron Sustainment Flight (49 FSS/FSV) for one month (see Table 1.1.). PTL augmentees:

1.25.7.1. **(Added)** Will not be released until all test scores have been entered for his or her last testing day.

1.25.7.2. **(Added)** May not have preapproved leave through the length of his/her rotation.

1.25.7.3. **(Added)** May not be pending administrative action(s).

1.25.7.4. **(Added)** Must have current passing PT score through the length of their PTL rotation.

1.25.7.5. **(Added)** Must have his/her training certificates filed with the Fitness Information Manager (FIM) prior to day one of their duty with the FAC. Certificates include most current FA test score, CPR/BLS, and PTL training certificates that state personnel may perform FAs.

1.25.7.6. **(Added)** Will not test anyone from his/her squadron.

1.25.8. **(Added)** If a PTL willfully violates AFI 36-2905 or this supplement or has any negative performance issues, member will be returned to his/her assigned unit and will be replaced by another PTL from that unit by the next duty day.

1.25.9. **(Added)** In the event a PTL can no longer perform his/her duties, the designated group will be responsible for supplying a qualified and trained replacement.

**Table 1.1. Designated Group/Squadron to Supply Replacement.**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
MSG FSS	MSG CS	*MSG *CES	MSG LRS	MSG CES	MSG SFS	*MSG *FSS	MSG LRS	MSG CES	MSG SFS	MSG LRS	*MSG *SFS
MXG 849 AMXS	*MXG *AMXS	MXG AMXS	MXG MXG	*MXG *MXS	MXG MXS	MXG MXS	*MXG *MXS	MXG MXS	MXG MOS	*MXG *849 AMXS	MXG 849 AMXS
*OG *29 ATKS	MMG MMS	MDG MDSS	*OG *7 FS	WG WG	*MMG *MMS	MDG MDOS	4 Space 4 SPCS	*MDG *MDG	*OG *OSS	MMG MMSS	OG 6 RS
* Designates Group/Squadron required to provide a Female trained PTL											

2.4.1.2.2. **(Added)** Runners. Order of every FA is check-in, height/weight, abdominal circumference, push-ups, sit-ups, run, unless coordinated in advance.

2.4.1.2. 3 **(Added)** Walkers. Order of every FA is check-in, height/weight, abdominal circumference, walk, push-ups, sit-ups, unless coordinated in advance.

2.7.4. **(Added)** All members tested on the aerobic portion will wear the numbered, light-weight jerseys provided by the FAC.

ANDREW A. CROFT, Colonel, USAF  
Commander

**Attachment 1****GLOSSARY OF REFERENCES AND SUPPORTING INFORMATION*****References***

AFMAN 33-363, *Management of Records*, 1Mar 08

***Adopted Forms***

AF Form 847, *Recommendation for Change of Publication*

***Abbreviations and Acronyms***

**49 FSS/FSV**—49th Force Support Squadron Sustainment Flight

**49 FSS/FSVS**— 49th Force Support Squadron, Fitness Section

**49 WG**—49th Wing

**AFI**—Air Force Instruction

**AFMAN**—Air Force Manual

**AFRIMS**—Air Force Records Information Management System

**RDS**—Records Disposition Schedule