

# IS ALTERNATE DISPUTE RESOLUTION (ADR) FOR YOU?

*ADR encompasses a range of problem-solving processes with the basic purpose to resolve disagreements without litigation. The Air Force offers the **MEDIATION** method of ADR to resolve complaints for military and civilian employees.*



- *ADR is voluntary – the parties to a dispute decide whether they want to use it or not.*
- *ADR allows the parties to mutually determine the outcome of their own dispute.*
- *ADR seeks to satisfy interests, not argue positions.*
- *ADR is confidential – what's said in connection with ADR usually can't be disclosed unless the parties consent.*

Please view the [\*\*17 TRW Alternate Dispute Resolution Plan\*\*](#)

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